

Here are three of my favorite fun, easy, and healthy treat recipes for kids!

Single Ingredient Banana Ice Cream!



INGREDIENTS

- 4 bananas, frozen
- *Optional* Almond Milk
- *Optional* Peanut Butter
- *Optional* Frozen Strawberries

DIRECTIONS

1) Cut bananas in 2 inch sections. Freeze at least 2 hours. Puree very well in blender or food processor until creamy. Add milk or milk substitute if you need to thin. Add flavors if you like!

Apple Slice Cookies



INGREDIENTS

- Apple
- Nut butter
- Chopped almonds
- Chocolate chips

DIRECTIONS

1) Slice apples, remove core.
2) Spread with nut butter and top with toppings.

Yogurt Blueberries



INGREDIENTS

- Blueberries
- Greek yogurt, any flavor

DIRECTIONS

1) Spear blueberry with toothpick.
2) Roll in greek yogurt until coated.
3) Put on wax paper lined baking sheet, removing toothpick. Freeze at least 2-3 hours.

ENJOY!



"Free the child's potential, and you will transform him into the world"

Maria Montessori

March has been a fun and busy month. With all the colds that have passed through, we have practiced a lot with tissue use and hand washing! Last month Kelly and I attended a class on creating a visual aid toolkit for the classroom. Visuals in the environment help to guide young children and gives them a better understanding of what is expected of them. Children usually respond to visual aids better than using only words when explaining a process or expectation. Visual aids are good reminders of expectations and show the steps that are necessary to complete a specific task. For example, a poster with the steps of proper handwashing placed above the sink in the bathroom can help a child complete all the steps that are involved with handwashing. If they need a reminder we can simply re-direct the child by pointing to the visual aide. I will be creating several posters for the classroom soon, and can share some with you if you'd like to post them in your homes as well.

Another class that I attended this month was one on utilizing Facebook. I would like to invite all of you to like our Facebook site (you have to enter the full school name to find the school). If you don't have Facebook you can still see the school's Facebook page and place a bookmark there so that it's easy to continuously access. I would like the Facebook site to be a way we can communicate as a community. So far I have used it to post pictures of the children and mention some of our activities. I'd like to continue to do this and add descriptions and purposes of the Montessori materials to enhance your understanding of what's happening in your child's learning development at the school.

I would also like to encourage every family to share their stories, pictures and unique lives with each other via the Facebook page. Sharing our differences and the things we have in common, helps children to understand how diverse people are. This guides them in their understanding and acceptance of differences. One of the steps in helping children accept differences is letting them see themselves as unique and valuable. I would like to invite every family to come into classroom and share something important, unique, or special about their family life. It could be a short presentation with a couple props, like photos or artifacts that can be left at school so the children can continue the conversation with their peers after the presentation. I will give you more details and schedule dates for you to come in after the Spring Break.



A big welcome to our newest student, **Leeah!** We are so happy to have you join us here at Meadowlark Montessori!

School News

I want to give you an early notice that due to the increase in the baseline costs to run the school, I will have to make an increase in tuition next year. Kelly and I are also looking into potentially offering extended hours for the school next year to meet the needs of various families. We are looking at whether or not we will offer a school day schedule from (7:45am- 2:45pm) or possibly even offer an option of (7:45am – 4pm or later), for families who need extended care. The current schedule of the school will still be as is; this is just an option we want to provide for our families who want/need extended care and would be a great option for our Kindergartners! If you have a preference or an interest in either of these schedules please let me know. I have not calculated out the details of the tuition for next year at this time, but I will have them by next month and we can discuss it in detail at the Parent Teacher Conferences.

I'm excited to announce that the school is going to attempt a scholarship fund that would offer tuition assistance for qualified families. I believe this will help sustain the school population coming from diverse income households. I'm currently coming up with ideas for fundraising. The ideas I have so far are an art show and silent auction, an afternoon tea and desert date with your child, and a class on terrarium making. Other ideas that have been suggested are bake sales and garage sales. If you have any more ideas or feel passionate about helping me out with this project please email me. I want to emphasize that this fundraising can be very successful if every family participates and especially encourages their extended family, friends and community to participate in our fundraisers. Together we can make a difference in this community!



Leeah and Colton having tea!



Dorian making a birthday card, and Chloe creating a mask.



Upcoming Events:

March 23rd-27th: School closed for Spring Break.

April 8th: Bring your Parent/Family to School Night.

April 17th: School closed for Teacher Inservice Day.

April 21st-23rd: Parent Teacher Conferences. (Please inform me of any observation or concern you have about your child so I can observe for it in the classroom over the next month and we can discuss it at our conference. Thank you!)

MARCH BIRTHDAYS!

Dorian turned 5 on March 6th!

HAPPY BIRTHDAY!

